

School Nursing Newsletter

The NHS has issued guidance about how School Nursing delivers services during the coronavirus pandemic. We are still able to support and offer advice to children, young people, parents and carers. We have a variety of ways in which you contact the service.

We can offer advice and support on a range of physical and mental health issues. We have 2 websites which have lots of useful information about physical and mental health. www.healthforkids.co.uk is designed by children for children and has lots of games and activities. www.healthforteen.co.uk is designed by young people for young people and has lots of articles and blogs. Both

website are free to use and designed by the NHS so have safe and reliable information.



Young People's Text number – 07480 635 363 Children in year 6 and above can contact a School Nurse by text. Please share this number with your child. They can text us anonymously and their text will be answered between 9-5 Monday through to Friday. This is a safe and confidential service offered by the NHS.



Parent/carer Text number – 07520 634 909 Parents/carers can contact a School Nurse if they are concerned about their child. Your text will be answered between 9-5 Monday through to Friday. This is a safe and confidential service offered by the NHS.

If you would prefer to talk to or email a School Nurse rather than text, then you can contact us between 9-5pm Monday through to Friday. **Single Point of Access phone line Tel: 01922 423349 and email: schoolnursingduty.walsall@nhs.net**

In the summer term schools deliver their relationship and sex education to Year 5 and 6 pupils. This prepares them for the changes that happen as they grow up. Parents/carers can access this resource free and share with their child. The film can be streamed via this link <https://vimeo.com/173863773> If you would like any help or advice about showing the film to your child please contact us.