



Leamore Primary School
An aspiring journey to a bright future

Newsletter

Dates for your diary

Year 1 Hearing Tests - Wednesday 25th January 2023

Reception & Year 6 Height & Weight checks - Monday 30th January 2023

National Storytelling Week - Monday 30th January - 3rd February 2023 (details to follow)

Year 5 Trip to Shrewsbury Prison - Tuesday 31st January 2023

Reception Trip to Bloxwich Fire Station - Tuesday 31st January 2023

Children's Mental Health Week - Monday 6th - 10th February to 2023

Safer Internet Day - Tuesday 7th February (details to follow)

Year 6 Trip to Liverpool - Tuesday 14th February 2023

Break up for Half-Term - Friday 17th February 2023

Thank you

Staff would like to say a big thank you for the cards and gifts they received for Christmas.

It was very generous of you.



Thank You *for your* Generosity

Newsletters Online

Would you like to look back at a previous newsletter or open this current one directly from our school website?

If so please visit www.learmoreprimaryschool.com and click the newsletter icon in the bottom left hand corner.



Goodbye to current staff and hello to new staff.



We hope you will join us in wishing Mrs L. Walker all of the best as she moves on to new challenges away from her safeguarding role

Since starting at Leamore, Mrs Walker has built many relationships with pupils and with children and has shared that she has thoroughly enjoyed her time with our school. Although we wish her all of the best on her new journey, you may still see Mrs Walker around school as she will continue to support Leamore in a different capacity.

Mrs Walker's departure inevitably means that a new Safeguarding Lead has been appointed and we'd like to take this opportunity to introduce and welcome Sally Hanson to the Leamore family.

Sally has a lot of experience of safeguarding and attendance across a range of settings and has had the opportunity to work with Mrs Walker to ensure consistency and support will be seamless for pupils and families. Pupils may have mentioned our new staff member as she has already begun building relationships across school.

Pre-loved Uniform

WANTED

YOUR PRELOVED SCHOOL UNIFORMS!

Do you have any uniform items that you feel are still in good condition, that your child has outgrown or no longer needs?

Please can you donate these items to the pre-loved uniform store in school to help our school community.

100% Attendance



Y6



Y5



Y4



Y3



Y2



Y1



Reception



Well Done to all of our pupils who achieved 100% attendance during Autumn 2.

Early Help

Early Help – Parenting Support Programme's Offer For January to March 2023

Early Help have the following parenting programmes available to families who are being supported by Children Services (Level 3 and Level 4) open to Early Help Lead Professionals, including Partnership Lead Professionals in Schools, Health, or Social Work Lead professionals.

Virtual Programmes:

- Support your children's Emotional Well-being and develop Routines and Boundaries within the family
- Grandparents' Programme
- Reducing Parental Conflict the Connecting Families Programme
- Parenting a Teenager Programme
- Being a Parent – virtual abridged Mellow Parenting Programme
- Parenting Plus - Parenting When Separated Programme

Face to face:

- Mellow Mums Parenting Programme
- Being a Dad Programme
- Bespoke one to one packages of support in the home are also available to parents with additional support needs – please note you must contact the team before requesting 121/bespoke or Mellow.

All parents receive 'Welcome and introduction contacts' & 'After care contacts', and virtual programmes are available daytime, evening and weekends.

More information on Programmes- you can also find more information here: [Parenting Support \(walsall.gov.uk\)](https://www.walsall.gov.uk)

See the pages below for more information on each programme and how to refer.



Reducing Parental Conflict, the Connecting Families Programme (RPC)

This online interactive programme will give parents the opportunity to look at their relationship as a couple, it also covers how conflict in adult relationships affects children. The programme will help parents that are in destructive parental conflict where their arguments are frequent, intense and poorly resolved.

The session is a 2-hour Programme

Support your Children's Emotional Well-being and develop Routines and Boundaries within the family

This online interactive programme will support parents to identify and manage feelings in both themselves and their children. This session will also explore ways of engaging and interacting with children to identify any emotional triggers through play. It will also support parents to develop the skills to implement routines and boundaries within the home. The sessions will allow parents to share strategies they have utilised before; what has worked and what has not worked, identify, and set goals for change. The session looks at the challenges faced by parents at times of stress and extra pressures and how they can influence changes in the relationship with their children.

The session is a 2-hour Programme

121 Support/Bespoke support

121 bespoke support is available for parents who cannot attend virtual groups or group setting due to learning needs, mental health needs or internet connectivity issues. The bespoke packages can contain key parts of each of our parenting programmes and can be tailored to fit the individual parent's needs.

The sessions are delivered in the home for up to 6 weeks of support, any requests for 121/bespoke support are first to be discussed with a member of the parenting team – see the teams contact details below.

How to Request:

For Lead Professionals & Social Workers referring to Early Help Parenting Team through Mosaic:

1. Speak to parent/carer and discuss the programmes above with the parent/carer so they can choose the programme they think will most help them, and agree for parenting support. It is helpful to share the times, dates and information about the programme with the parents/carer if it is included in table below.
2. If you are a Social Worker stepping down please make your request via the Mosaic Step Down Form, if you are continuing to work with the family as a Social Worker or Locality Family Support lead professional, please access the **Mosaic Early Help Service Request** form from the **START** menu on person summary to request parenting programmes.
3. Complete the forms and tick for 'parenting', follow the instruction on the form completing Section 1 to Section 4 of the Service Request form, then please clipboard your request to the **Early Help Parenting Team**.
4. If you need help use the Mosaic Guidance notes or contact the Mosaic Helpdesk.
5. Please ensure you have detailed the name of the programme required or we may have to reject the Service Request.
6. Please ensure that you have obtained an e-mail address for parents and that this is on your request, please make sure telephone numbers are also up to date on Mosaic.
7. If you are requesting a 'bespoke' package or 121 support in the home or Mellow, please contact us before making your request by emailing EarlyHelpParentingTeam@walsall.gov.uk

For Lead Professionals with no access to Mosaic such as those working in Schools, Health or other services please speak to parents in the first instance then to your Early Help Partnership Officer who can facilitate the request for you. You can email your Partnership Officer here:

EarlyHelpPartnership@walsall.gov.uk

Being a Dad

Being a Dad is a face-to-face 6-week programme designed to build and strengthen the relationship between fathers and their children under 5 years old. Children attend the programme with their Dad, and spend time in a children's group while their Dad is in session, lunch times are spent together completing activities that promote attachment. The programme encourages Dads to reflect on their journey into becoming a Dad, their parenting experience and the importance of Dads in children's lives. It also looks at Adverse Childhood Experiences, the importance of supporting children's emotional wellbeing and meeting both the child and fathers needs. It offers fathers the opportunity to share their life stories, develop support networks and improve their parenting skills.

Being a Parent (shortened Mellow-Parenting group)

This online interactive programme will look at parents' experiences, Adverse Childhood Experiences and how these affect parenting styles. The sessions will include discussions around keeping your child safe, looking after yourself, pregnancy and birth, being a parent and how you were parented. The sessions are similar to 'Mellow', using a reflective and trauma informed approach to discuss links between parents own experiences in childhood and their current parenting experiences now. The sessions also focus on relationships and attachments.

The Session is a 2 hour session delivered on a needs basis

Grandparent's Programme

The programme is particularly suitable for grandparents who have full-time care of their grandchildren. It gives an opportunity to look at how parenting has changed, parenting styles, routines and boundaries, consistency, taking care of yourself as a carer, current teenager issues and how grandparents and parents can co-work together.

The session is a 2-hour Programme – delivered on a needs basis

Mellow Mums Parenting Programme

Mellow Mums is a 14 week full day specialist parenting programme that is designed for parents who have experienced trauma and attachment difficulties. The programme aims to strengthen the relationship between parent and child, address parental mental health and improve parent-child attachment.

The programme combines reflective and practical techniques that enables parents to address their personal challenges and the challenges they face with their children.

For more information, please visit the link: [Families supported by children's services \(walsall.gov.uk\)](https://www.walsall.gov.uk)

Any request for Mellow parenting needs to be discussed with the team first. Please note that children (up to 10 years old) are also part of the Mellow parenting programme and attend family sessions and/or lunch time sessions with their Mum.

Parenting a Teenager

This online interactive programme will give parents the opportunity to explore their own experiences and journey through the life of a teenager. During the sessions, parents will be encouraged to participate in issue-based discussions about their teenager. The aim of the sessions will be for parents to create a tool kit of skills and knowledge to best support their teenager through their adolescent years. The sessions also include a Parent Against Child Sexual Abuse session.

The session is a 2-hour Programme

Parenting Plus - Parenting When Separated Programme

Parenting When Separated is a six-session programme that is delivered weekly to small groups of parents who are preparing for, going through or have gone through a separation or divorce. The programme is for parents of older and younger children, for residential, non-residential, and co-residential parents. It is also for parents who are recently separated or who have separated for some time or who have never been in a relationship with the child's other parent.

The programme focuses on solving co-parenting problems in a positive way, it looks at the needs of children and provides practical skills and ideas to improve positive communication. This 6-week programme aims to provide parents with strategies to help them cope and reflect on the emotional impact of separation on both the parent and their children. The course enables parents to develop a healthy and respectful working relationship with practical care and contact arrangements for children that minimise stress and conflict.

The sessions below are the core session times for the term, new sessions can be added to suit the needs of parents.

January						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 nd Jan	3 rd	4 th	5 th	6 th	7 th	8 th
9 th	10 th	11 th	12 th Being a Parent 12pm-2pm	13 th	14 th	15 th
16 th	17 th Parenting a Teenager 7pm-9pm	18 th Routines and Boundaries 10am-12pm	19 th Being a Parent 12pm – 2pm	20 th	21 st	22 nd
23 rd Parenting When Separated 7pm-9pm	24 th	25 th	26 th Reducing Parental Conflict 1pm-2.30pm	27 th	28 th	29 th

February						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 th Parenting When Separated 7pm-9pm	31 st	1 st Feb	2 nd Routines and Boundaries 1pm-2.30pm	3 rd	4 th	5 th
6 th Parenting When Separated 7pm-9pm	7 th Routines and Boundaries 7pm-9pm	8 th Parenting a Teenager 12-2pm	9 th	10 th	11 th	12 th
13 th Parenting When Separated 7pm-9pm	14 th	15 th Reducing Parental Conflict 10am-12pm	16 th	17 th	18 th	19 th