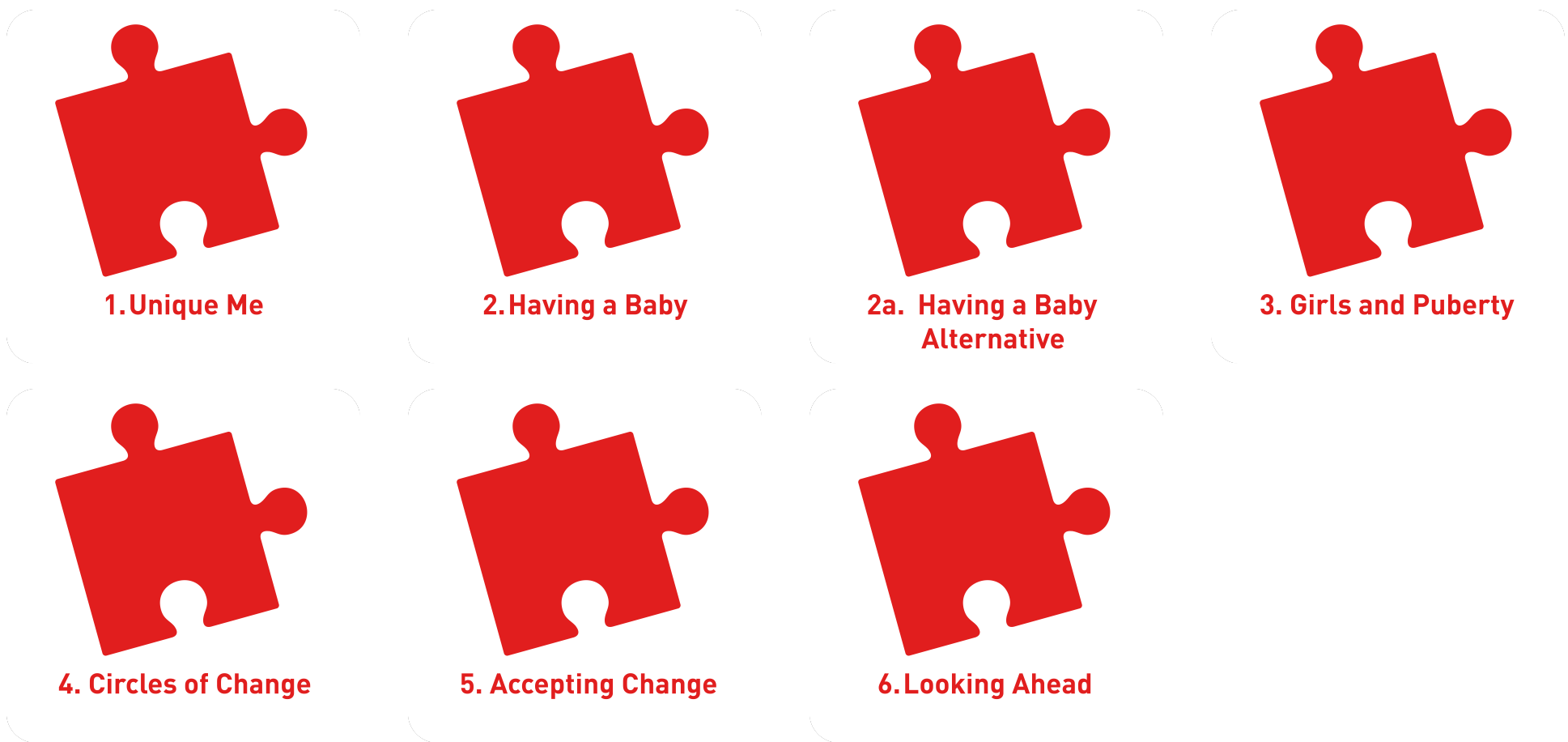




Puzzle Map

[Class Teacher Prep](#)

[Additional Teacher Notes](#)

[Assessment](#)

[Knowledge Organisers](#)

[Vocabulary](#)

[Legacy Learning Journeys](#)

Community →

Contact →

Puzzle Map - Ages 8-9

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create the Tree of Change display: Pieces 4 & 6: Circles of Change



Please note: We have highlighted in blue any text or content that we feel you may particularly need to check against your school definition of sex education before sharing with the pupils, but teachers need to check ALL the content before teaching this Puzzle.

Weekly Celebration	Pieces and Vocabulary	PSHE learning intention	Social and emotional development learning intention	Resources
(Find out more)				For every lesson: Jigsaw Jaz, Jisaw Charter , Jigsaw Chime, Jerrie Cat, Jigsaw Journals, Next Steps / Reflection Sheet .
Understand that everyone is unique and special	1. Unique Me • <i>Personality</i> • <i>Unique</i> • <i>Characteristics</i> • <i>Parents</i> • <i>Gene</i> (<i>RSE:</i> • <i>Conception</i> • <i>Egg</i> • <i>Sperm</i>)	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm	I appreciate that I am a truly unique human being	Cat Images Kitten cards Photo of teacher with parents The Parents and children Puzzle template Jigsaw Jaz's post box (teacher to make)

Can express how they feel when change happens	2. Having a Baby • <i>Sperm</i> • <i>Egg/Ovum</i> • <i>Penis</i> • <i>Vagina</i> • <i>Womb/Uterus</i> • <i>Ovaries</i> • <i>Making love</i> • <i>Having sex</i> • <i>Sexual intercourse</i> • <i>Fertilise</i> • <i>Conception</i>	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult	<u>Making Things cards</u> <u>Flashcard pictures of sperm and egg</u> <u>Animation:</u> The Female Reproductive System <u>Fact File (A) or (B)</u> (Printed copies of slides A or B) Jigsaw Jaz's Post box (from last lesson)
Can express how they feel when change happens	2a. Having a Baby (Alternative lesson for Piece 2) • <i>Feelings</i> • <i>Responsibilities</i> • <i>Carers</i> • <i>Characteristics</i> • <i>Language</i> • <i>Mannerisms</i> • <i>Influence</i>	I understand what responsibilities there are in parenthood and the joy it can bring I can consider what has influenced my life and what might influence the lives of other people	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult	Glass/clear container, Milk, Red and Blue food dye Jigsaw Jaz's post box <u>Making Things Cards</u>
Understand and respect the changes that they see in themselves	3. Puberty and Menstruation • <i>Puberty</i> • <i>Menstruation</i> • <i>Menstrual Cycle</i> • <i>Periods</i> • <i>Menstrual pads</i> • <i>Menstrual Cup</i> • <i>Pant Liner</i> • <i>Period Pants</i> • <i>Tampons</i> • <i>Menstrual Towel</i> • <i>Vagina</i> • <i>Vulva</i> • <i>Ovaries</i> • <i>Fallopian Tube</i> • <i>Fertilised</i> • <i>Hormone</i>	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this	I have strategies to help me cope with the physical and emotional changes I will experience during puberty	<u>How do I feel about puberty? cards</u> A 'bag of tricks' – a mystery bag containing a collection of items relating to puberty and growing up- see lesson plan for suggestions <u>Animation:</u> The Female Reproductive System - (Check version!) Set of Menstruation Cards <u>A</u>, <u>B</u> or <u>C</u> (for card-sort and/or sticking into Jigsaw Journals) Jigsaw Jaz's post box

Understand and respect the changes that they see in other people	4. Circles of Change Puzzle Outcome: Circles of Change • <i>Circle</i> • <i>Seasons</i> • <i>Change</i> • <i>Control</i>	I know how the circle of change works and can apply it to changes I want to make in my life	I am confident enough to try to make changes when I think they will benefit me	<u>'A New Day' (Song sheet)</u> <u>Circle of Change diagram/template</u> Split pins Cardboard arrows
Know who to ask for help if they are worried about change	5. Accepting Change • <i>Range of emotions (see emotions card resource)</i> • <i>Control</i> • <i>Change</i> • <i>Acceptance</i>	I can identify changes that have been and may continue to be outside of my control that I learnt to accept	I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively	<u>Emotions cards</u> <u>Scenario cards on Change</u>
Are looking forward to change	6. Looking Ahead Assessment Opportunity • <i>Change</i> • <i>Looking forward</i> • <i>Characteristics</i> • <i>Genes</i> • <i>Puberty</i>	I can identify what I am looking forward to when I move to a new class	I can reflect on the changes I would like to make next year and can describe how to go about these	The same objects used for the 'Bag of Tricks' activity in lesson 3 laid out on a tray or the floor A piece of cloth Jigsaw Jaz's post box <u>Circle of Change templates</u> <u>Certificates</u>

HEAD OFFICE

Jigsaw PSHE Ltd
Grove House
Guildford Road
Leatherhead
Surrey
KT22 9DF

KEEPING IN TOUCH

 +44 (0)3331 882133
 Email the Team

PARTNERSHIPS



MORE INFORMATION

Legal Information, Policies,
Terms and Conditions