

<u>Year Group: 4</u>	<u>Topic: European Meals</u>	<u>Term: Spring 2</u>	<u>Main Focus: Food</u>
<u>Rationale For Topic-</u> For this topic, children are able to develop their skills by joining a range of elements whilst creating a product that could be advertised in a restaurant.. Through this, children are able to have the discussion around how to use equipment safely and what we need to create a meal that a restaurant would want to have. This links with science and the types of food that provide different nutrition.			
<u>Lesson Number</u>	<u>Learning Objective (s):</u>	<u>Success Criteria:</u>	<u>Brief outline / reasoning for sequence</u>
1	LO: To research meals that would be in an european restaurant (ICT: Research)	- I can use the internet safely - I can research meals that a restaurant can use - I can use the information to design a meal. .	To start any new project of DT the children need to be able to research their product and find all of the information they need to support their designing. This will help them create an appropriate design. Children in this lesson will then be able to think about their audience and whether their design is appropriate.
2	LO: To discover which food provides us with different nutrients.	- I can explore the food groups - I can use this information to prioritise foods.	The children are building on the information they have collated about the foods and what makes them healthy. The children need to know about the food groups and which ones you need more of. From this the children can have a discussion about what type of meals they can create. Create a 'eatwell plate'.
3	LO:To participate in a food tasting lesson.	- I can discuss a range of foods - I can explore which foods work well as part of a meal - I can explain to a peer which meals I would like	For this lesson, children will be able to taste different foods that they may not have experienced before (with consent from parents). We will then be able to use this lesson to help with the planning aspect too.

		to make.	
4	LO: To create a European meal design.	- I can use my research - I can plan the equipment I will need - I can explain my plan to a buddy	This lesson is set to allow children to use the information they have researched and to use this to make a design of a European meal. This meal is intended to be used in a restaurant. Whilst designing, we will have decided on what type of meal we want to create as a class but the design process will be independent. e.g. roasted veg and couscous.
5	LO: To create a healthy meal	- I can use my design to make a meal - I can use my food hygiene awareness to prepare and cook food - I can follow instructions to safely create a meal	The children are to use their plans to create the meal they have chosen. Depending on what has been chosen, the children will create the food in groups but can still take a portion home to taste. It is important that if they are to eat it in school that it does not impede on any other children's health. Risk Assessment shall be created.
6	LO: To evaluate a healthy meal	- I can use the information I have learned over the past weeks to comment on the healthiness - I can evaluate appearance and taste.	The children need to complete the evaluation part of their meal. This is essential to explore whether the meal is appropriate for the target audience. Therefore they will comment on the appearance, taste, texture, time to prepare and cook.