

icreate Medium Term Plan: Ages 5-6

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Warm Up	Indoors: Play Jack & Morgan say video - then move on to the second warm up activity, Simon says Tag - which can be done either indoors or outdoors	Indoors: Play Jack & Morgan say video - then move on to the second warm up activity, Simon says Tag - which can be done either indoors or outdoors	Indoors: Play Jack & Morgan say video - then move on to the second warm up activity, Simon says Tag - which can be done either indoors or outdoors	Simon says Tag - which can be done either indoors or outdoors	Simon says Tag - which can be done either indoors or outdoors	Simon says Tag - which can be done either indoors or outdoors
Activity	Display slide and discuss good hand-eye coordination. The bouncing ball Children to discover the best way to bounce and manipulate a ball.	Display slide – Carousel of activities: Shooting range Laughing clowns Hoopla Discuss underarm and overarm throws	Display slide Bat the Rat Child 1 rolls a ball for child 2 to bat it away with their hockey stick or racket.	Display the slide, discuss good hand eye coordination and what beat the goalie means.	Display slide to explain Hook a Duck. Children use their chosen striking equipment (their hook) to 'scoop' a ball (a duck) and take it back to the other side of the space, by dribbling it along the floor, controlling it with their equipment.	Display slide and discuss good hand-eye coordination. The bouncing ball Children to discover the best way to bounce and manipulate a ball.
Skill	Display 'Juggling' slide and allow children to read and understand how to juggle. Bouncing the ball in different ways and positions	The Big Wheel Circle bounce 1 - Balls moving around the circle Circle bounce 2 – Children moving around the circle	Racket activities	View the video - Move the ball, keeping it close to you, and stop it on the signal. Dribbling activities Beat the goalie	Hand eye coordination Show the video then allow children to practise the activity. Racket activities	End of term assessment Children work in small groups to create a game that involves different skills e.g bouncing, dribbling, balancing, aiming or striking, using game planning sheets
Activity with Skill	Baseline assessment Create your own ball game that a clown at a fun fair could play! Guide the children with questions	Children create their own fairground game using given equipment. Guide the children with questions	Children create their own aiming game! Give the children various equipment that they can choose from. Guide the children with questions	Children create their own dribbling or aiming game! Give the children various equipment that they can choose from. Guide the children with questions	Children create their own aiming game Based on hook a duck, create a game, where you have to try to 'collect or catch' something. Give the children various equipment that they can choose from Guide the children with questions	Assessment continued
Review / Assess	Assess the children's ability to make up their own game.	Slides Use the questions on the slide to help the children to review the activities	Slides Use the questions on the slide to help the children to review the activities	Slides Use the questions on the slide to help the children to review the activities	Slides Use the questions on the slide to help the children to review the activities	Assessment continued