

Communicate Medium Term Plan: Ages 5-6

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Warm Up	Indoors: Play You've got a friend in me video	Indoors: Play You've got a friend in me video	Indoors: Play You've got a friend in me video	Indoors: Play Count on me video	Indoors: Play Count on me video	Indoors: Play Count on me video
Activity	Display slide and discuss the elements of being a good team player.	Dodging Display slide and allow children to practise the dodging action.	Catching Solo activities Passing & throwing activities	Display slide and work through each action on the slide without a ball.	Musical balances Travelling around the room on a different body part each time. When the music stops or whistle blows, children balance on one leg.	Display slide and discuss the elements of being a good team player.
Skill	Bean bag relay Children balance a bean bag on their head whist side-stepping, tiptoeing or striding to the hoop at the end of the playing area. Hoop ball relay Gallop, skip or hopscotch across the area carrying a large ball to the hoop	Dodging Play the dodging video and encourage children to join in.	Play the video & children join in. Passing & throwing activities	Play the video and encourage the children to join in and copy the activities.	Cooperative Balances Balance with a partner: - With two feet on the ground - With two hands and one foot on the ground - With one foot and two knees - One back and one foot Dead bug carry	Bean bag relay Children balance a bean bag on their head whist side-stepping, tiptoeing or striding to the hoop at the end of the playing area. Hoop ball relay Gallop, skip or hopscotch across the area carrying a large ball to the hoop
Activity with Skill	Baseline Assessment See lesson page and Assessment Snapshot for details. Tunnel Relay Fox and geese Fast Cars	Roller dodge ball Roll the ball to the other team's side and hit the players on their knees or below with a ball.	Noisy animals Throwing and catching game	In threes: Kick the ball to the opposite person for the middle child to jump over. Then, play 'piggy in the middle - kicking', in which the middle player tries to intercept the ball.	Rotating with a partner Partner log roll	End of term Assessment See lesson page and Assessment Snapshot for details. Tunnel Relay Fox and geese Fast Cars
Review / Assess	Review slide Discuss how the children can work together as a team.	Review slide Children complete the statements.	Review slide Children complete the statements.	Review slide Children complete the statements.	Review slide Children complete the statements.	Review slide Children complete the statements.